COVID-19 GUIDELINES FOR APARTMENTS
AND CLOSE QUARTER RESIDENTS

Staying at home has been proven to be the best way that you can protect your family, friends and community.

- Your home is your apartment, room or lodging; NOT the complex or building.
- Limit the number of people in common areas such as hallways, elevators, laundry and mail rooms.
- Maintain 6 feet of distance from others in common areas and outside of your building.
- Maintain 6 feet of distance while on necessary outings to exercise, get groceries, or to get medical care.
- Stay connected! Call, text or video conference family and friends to stay in touch.
- Do not wander the complex or go outside unless necessary.
- Do not host parties or get-togethers. Avoid family visits, BBQs and gatherings like faith gatherings or weddings.
- Do not stand or wait behind others in the communal areas. Wait until they leave or come back later.
- Avoid hugs, handshakes or close contact.
- Do not have conversations in hallways, rooms or doorways. Call or text instead.
- Don't spread germs! Stay home to protect your family and friends.

Call 2-1-1 for assistance or find information online at: www.publichealthsbc.org

Additional information from the Centers for Disease Control and Prevention: https://www.cdc.gov/coronavirus/ and from the Santa Barbara County Public Health Department: https://publichealthsbc.org