Ridesharing Safely During COVID-19

If you share rides with people who don’t live with you, there are ways for you to reduce your risk of exposure to the COVID–19 virus while riding in a car, van or bus.

Here are some tips for healthy ridesharing:

• Wear a face covering at all times and don’t ride in a vehicle if the driver or other passengers are not wearing face coverings that cover their nose and mouth
• Try to sit as far away from others as you can, six feet apart if possible
• Open the car or van windows (or set the air ventilation/air conditioning on non-recirculation mode)
• Wash your hands before and after your ride
• Try not to talk with others too much – talking can spread the virus
• If you have hand sanitizer, bring it with you in the car or van and use it if you touch a frequently touched surface
• Try not to eat or drink while riding in the vehicle
• Cover your mouth if you sneeze or cough
• STAY HOME if you are sick

Travel safely!