WHAT SIDE EFFECTS CAN I EXPECT IF I GET VACCINATED?
Most side effects are mild. Many people experience some fatigue, a sore arm, and some experience a headache. Most people report the side effects last less than a day and most continue with their daily routines and do not feel sick enough to stay home.

COVID-19 VACCINES ARE SAFE FOR CHILDREN AND TEENS
Before recommending COVID-19 vaccination for children, scientists conducted clinical trials. The FDA gave the Pfizer-BioNTech COVID-19 vaccine emergency authorization to use in children ages 5-15 years old and full approval to use in people ages 16 years and older. Learn more about the process of developing, authorizing, and approving COVID-19 vaccines. The benefits of COVID-19 vaccination outweigh the known and potential risks. Get a COVID-19 vaccine for children ages 5 years and older as soon as you can.

IS THERE ANY HARM IN DELAYING GETTING VACCINATED?
Delaying vaccination allows the virus to continue spreading in the community, providing ample opportunity for the virus to evolve into new variants which can reduce or completely evade the protection of the vaccines.

WHY ARE VACCINES NEEDED? WILL COVID-19 GO AWAY WITHOUT VACCINES?
We are vaccinated early in our lives against many serious diseases including polio, mumps, rubella, and measles. Vaccinations are the primary reason we no longer see widespread outbreaks of these diseases. The fastest and only way to eliminate the threat of a virus like COVID-19 is through vaccination.

ASK QUESTIONS
- Call the 2-1-1 Call Center
- Visit the Santa Barbara County Public Health Department COVID-19 information portal at https://publichealthsbc.org/vaccine/
- Get information from cdc.gov and covid19.ca.gov
- Talk to a trusted medical professional