At-Home COVID-19 Antigen Testing Kit FAQs

Who should use an at-home test kit?

<table>
<thead>
<tr>
<th>Who should test?</th>
<th>When should they test?</th>
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<tbody>
<tr>
<td>Anyone experiencing symptoms</td>
<td>Immediately</td>
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<tr>
<td>Anyone who has been in close contact with or exposed to someone who has COVID-19</td>
<td>Within 5-7 days of exposure</td>
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<tr>
<td>Anyone living or working in a congregate setting</td>
<td>Regularly, or if symptoms arise</td>
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<tr>
<td>Anyone traveling to or returning to California</td>
<td>3-5 days after</td>
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</tbody>
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How do I use an at-home test kit?

Your test kit will come with instructions in the box. Additional copies of the instructions are available online in both English and Spanish and are also available in video format in English, Spanish, and French.

What should I do if I get a positive result from an at-home test kit?

If you receive a positive result, you have tested positive for COVID-19. You do not need to take a follow-up test of any kind (PCR, Antigen, etc.) to confirm. If you have a positive result, you should begin the Home Isolation Process (guidance in English and Spanish) to prevent additional infections.

What should I do if I get a negative result from my at-home test kit?

If you receive a negative result and are asymptomatic:

- You should continue to wear a face covering and maintain social distance when appropriate to prevent additional infections.
- It is recommended that all eligible persons are vaccinated and receive a booster shot to reduce infection and prevent severe illness related to COVID-19. Vaccination recommendations are available on our dedicated vaccine webpage.

If you receive a negative result, but are symptomatic:

- You may choose to quarantine and monitor symptoms or take a PCR test. COVID-19 Quarantine (English and Spanish) guidance and Testing options in Santa Barbara County can be found on our website: PublicHealthSBC.org

Do I need to report my results to the Santa Barbara County Public Health Department?

No, you do not need to report your results to your local health department.

How do I safely store an at-home test kit?

The QuickVue At-Home OTC COVID-19 Test should always be stored upon receipt according to the temperature printed on the kit box (59°F to 86°F or 15°C to 30°C).

How long are test kits usable?

Test kits should come with a clear marked expiration date. Test kits should not be used any later than this date. The expiration date is labeled on the outside of the kit box, under the lot number, next to the hourglass symbol.