Protocols for Symptoms, Close Contacts, and COVID-19 Cases:
Child Care or Youth Setting outside of K-12 School

This document is provided for technical assistance purposes and not intended to modify or supersede CDPH Isolation and Quarantine Guidance. In the event that a discrepancy exists between this document and current CDPH guidance; follow current CDPH guidance. This does not include guidance for employees; follow Cal/OSHA ETS regulations.

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<th>Children with:</th>
<th>ACTION</th>
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| 1. Any of the COVID-19 symptoms, regardless of the vaccination status of the child. (Including “just a cold”). Symptoms are listed below on page 3 or accessible through above hyperlink. | SYMPTOMS  
• Child is sent home to isolate. A medical evaluation and/or COVID-19 test strongly encouraged.  
• Children with symptoms of COVID-19 infection are not to return in-person until they have met criteria to return:  
  i. At least 10 days have passed since symptom onset. AND At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND Other symptoms have improved; OR  
  ii. A healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma), OR  
  iii. A healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR  
  iv. They have a negative test for SARS-CoV-2 and symptoms have improved. | Notify Close Contacts ¹. |
| 2. Confirmed COVID-19 case regardless of vaccination status, previous infection or lack of symptoms. | **ISOLATION**  
- Isolate case and exclude from all school and non-school settings until return criteria has been met:  
  i. Stay Home for **10 days**; **OR**  
  ii. Isolation can end after **day 5** if symptoms are not present **OR** are resolving **AND** tests negative on **day 5** or later. (Antigen test preferred); **OR**  
  iii. If fever is present, isolation should be continued until fever resolves without the use of fever reducing medications; **OR**  
  iv. If symptoms, other than fever, are not resolving **continue to isolate until symptoms are resolving or until after day 10**.  
**ALL SCENARIOS ABOVE:**  
  v. Wear a well-fitting mask around others for a total of **10 days**, especially indoors.  
- Contact trace and follow quarantine recommendations for close contacts above.  
- Initiate disinfection and cleaning of primary spaces where case spent significant time.  
- If 3 (or more) cases within a 14-day period, report a potential outbreak to Santa Barbara County Public Health Department Disease Control through the COVID-19 Outbreak Reporting Form, and/or phone Disease Control (805) 681-5280.  
 Notify Close Contacts 1. |  
|  | For technical assistance contact;  
|  | Georgene Lowe, RN;  
|  | Georgene.Lowe@sbcphd.org  
|  | or (805) 705-6911 |
| 3. When an **UNVACCINATED** person has close contact with a person with a confirmed case of COVID-19 in the childcare or youth setting, community or a household. | **QUARANTINE**  
- **Stay home for at least 5 days**, after contact with a person who has COVID-19  
- Test on **day 5** (Antigen test preferred)  
- Quarantine can end after **day 5** if symptoms are not present and a test on **day 5** or later is negative.  
- If unable to test or choosing not to test, and symptoms are not present quarantine can end after **day 10**.  
- Wear a well-fitting mask around others for a total of **10 days**, especially in indoor settings.  
- If testing positive, follow isolation recommendations below.  
- If symptoms develop, test and stay home.  
 Notify close contacts.1 |  
|  | *Quarantine begins the day after last close contact to a positive person. |
| 4. **Fully Vaccinated** person has close contact with a person with a confirmed case of COVID-19 in the childcare or youth setting, community or a household. | **Refrain from quarantine** following a known exposure if asymptomatic **AND** recommend test on **days 3-5** from close contact (antigen test preferred);  
**AND**  
- Wear a well-fitting mask around others for 10 days, especially in indoor settings; **OR**  
- If tests positive, follow isolation recommendations above; **OR**  
 Notify close contacts. Consider school community notification of a known contact. |
Includes persons previously infected with SARS-CoV-2, in the 90 days prior

- If symptoms develop, follow symptoms recommendations above.

1 A close contact is: Someone who was within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes). An infected person can spread SARS-CoV-2 starting 2 days before they have any symptoms (or, for asymptomatic patients, 2 days before the positive specimen collection date). In some child care settings, it may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if children have spent time together indoors [without masking and social distancing].

2 Refer to CDC COVID-19 Booster Shots to determine who is booster eligible. (As of January 7, 2022 CDPH, confirmed that only 18 and over must have a booster to be considered fully vaccinated)

**Symptoms of Coronavirus**
This list does not include all possible COVID-19 symptoms. CDC and CDPH will continue to update this list.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea